



# Impact Report



## A MESSAGE FROM OUR FOUNDER

Mentors Care is serving a need in our schools and communities. The schools are on the front lines of witnessing a growing population of students that need our program, they need the extra layer of support we bring. We recruit, train and connect wonderful, caring mentors with struggling students. Through those relationships, lives are changed forever!

## A YEAR WITH UNIQUE CHALLENGES

This school year Mentors Care grew 66%, propelling us into 15 different high schools across Texas. This expansion covers every public high school in Ellis County. We are now serving over 1500 students and mentors statewide.

## MISSION

Mentors Care's mission is to connect struggling high school students with mentors, tools, and resources to help lead them toward graduation and purposeful, fulfilling lives.

## IMPACT SNAPSHOT

**100%**

seniors graduated

**89%**

improved or maintained  
academics

**92%**

improved or maintained  
attendance

\*based on students enrolled in  
the program for 2+ years



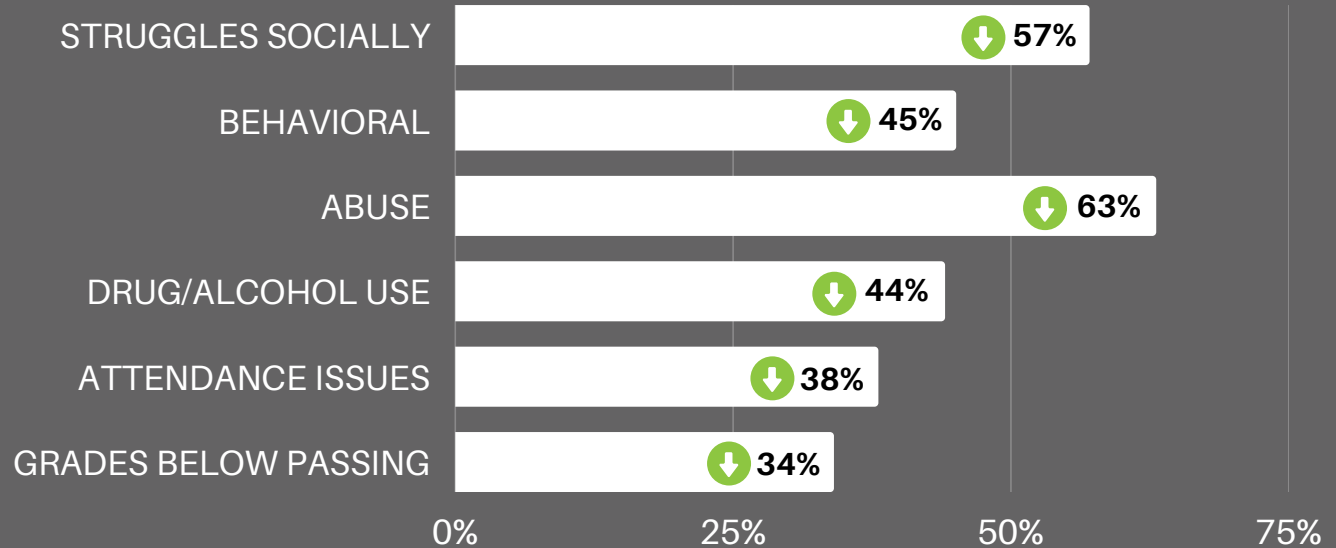
# The difference a mentor makes

Based upon national data, students who meet regularly with mentors are:

- 52% less likely than their peers to skip a day of school and 37% less likely to skip a class.\*
- 46% less likely than their peers to start using illegal drugs and 27% less likely to start drinking.\*

Our studies prove that and more.

## PERCENTAGE DECREASES FOR MENTORS CARE STUDENTS



\*Public/Private Ventures Study of Big Brothers Big Sisters

\*Mentors Care stats are based on students enrolled in the program for 2+ years

### NEEDS

# 3,436

hours helping  
students in crisis

### DETAILS

coordinators and  
mentors offer students  
emotional support

### OUTCOMES



D was a 17 year old a freshman in high school, never attending a full week of school.. She struggled with depression and motivation. She joined Mentors Care and was able to open up to her mentor. Together, they came up with a plan to get back on track. Now, D is on track to graduate at 18 years old.

# 1,040

outcries

suicide, self-harm,  
anxiety, depression,  
abuse/neglect,  
runaway



J came into the program as a severe cutter, had been through an in-patient program and had suicidal ideations. His mentor never missed a meeting, encouraged and reminded him he was import and enough. He graduated and became an inspiration to other students with the same struggles.

# 192

communitiy  
refferals

CPS, housing, mental  
health/rehab,  
counseling, clothing,  
medical, food



D had an infection in his foot. His family could not afford proper medical care. Because it went unattended for so long, it needed surgery. Mentors Care referred him to Hope Clinic (a free health clinic) and he was able to have the surgery and antibiotics necessary and made a full recovery. D and his family now receive regular medical treatment because of this community resource.

# Who We Serve

Mentors Care comes to the aid of high school students considered to be susceptible to failing or not graduating from high school due to poor academic performance. We serve school districts in suburban and rural areas where there are little to no resources available to support the overall well-being and academic success of struggling students.

# 47%

of Mentors Care students did not have a safe person to talk to prior to Mentors Care

*"I got into Mentors Care and my mentor is amazing! I trust her and open up to her about my problems. She helped me find a place to live, more than once. She never gave up on me, even when I failed. She is always there for me, with open arms and no judgement. She held me accountable and helped me work with my teachers and the school counselors to make up the school that I missed.*

*I'm not drinking or doing drugs anymore. I am coming to school. I don't miss for fake reasons. I am getting my act together and I am not going to be like my parents. I will be able to graduate next year because of Mentors Care."*

-Mentors Care Student

## how we served

15 high schools

10,913 volunteer hours

24 received medical help

758 students

72 families fed

71 received clothing

624 mentors

7 mental health/ rehab

14 found housing

66 received counseling

# We couldn't have done it without your generous *support.*

It costs Mentors Care approximately \$65,000 per school to provide a full-time program coordinator, between 45 & 60 volunteer adult mentors and student supplies. The contracts with our schools do not cover the cost, therefore we fundraise. There is an even greater cost to expansion, duplicating our program with excellence is something our students, schools and communities we serve deserve.

Thank you  
to all our donors  
and volunteers.

## Where We Serve



## TOP TIER PARTNERS



## MENTORS CARE

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🌐 [www.mentors.care](http://www.mentors.care)

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